## HAIKU HO'OLAULE'A & FLOWER FESTIVAL

## Hula With Heather

**Hula Dancing Basics** 

Class description: A participant will learn about the history of hula and engage in basic and foundational hula steps. Dancers will get the opportunity to tell a story through their hands, body, and music using a hula song. They will learn the translation of the song as needed as well as the Kauna or underlying message.

Wednesdays 11/17, 11/24, 12/1, 12/8 6:00-6:45 PM

Students 10 yrs+

\*Must commit to all 4 sessions



